

Lunch

START + SHARE

CALAMARI + JALAPEÑO 20

jalapeño, spicy marinara

STEAMED CLAMS 22

clams, tomato, roasted garlic, white wine, chili oil, grilled baguette

CHEESE BOARD 18

artisanal cheese, seasonal jam, housemade flatbread

charcuterie +8

EMPANADAS 12

two empanadas served with chimichurri
beef - spicy beef, gruyère, sun dried tomatoes
veggie - mushroom, onion, potato, spinach gruyère

PRAWN COCKTAIL 18

5 large prawns, housemade cocktail sauce

ROASTED BRUSSELS SPROUTS 12

pomegranate balsamic

goat cheese +3 bacon +3

CAMPGROUND BRAVAS 12

crispy potatoes, vegetarian chili, white cheddar sauce, green onion, calabrese peppers, fried egg

DIRTY FRIES 12

rosemary, garlic, calabrese peppers, parmesan, aioli dipping sauce

SOUP + SALAD

ROASTED TOMATO BISQUE 7

gruyère croutons, olive oil

CLAM CHOWDER 12

clams, white wine, mushroom, thyme, eucalyptus

CAESAR 14

Caesar dressing, gruyère croutons, hemp seeds
boquerones +4

WARM GOAT CHEESE + ROASTED BEET 20

Costanoa farm kale, almonds, lemon vinaigrette, hemp seeds

HOUSE SALAD 12

mixed greens, tomato, cucumber, beet + carrot curls, raspberry walnut vinaigrette

*add to any salad: goat cheese +3 avocado +5
shrimp +8 steak +9 salmon +10
grilled chicken +6*

BURGERS + SANDWICHES

all sandwiches are served on a brioche bun. side of fries, housemade potato chips (regular or cajun), or side salad (unless otherwise noted)
dirty fries or chips + 3

CASCADE BURGER 18

American wagyu beef, sharp cheddar, lettuce, caramelized onion, house sauce

IMPOSSIBLE BURGER 18

house-blended plant-based burger, sharp cheddar, lettuce, caramelized onion, house sauce
black bean burger upon request

SALMON + AVOCADO TOAST 18

pickled shallot, radish, dill, multigrain bread
avocado only 12

BURGERS + SANDWICHES

CRAB CAKE SANDWICH 18

house-made crab cake, arugula, lemon dijonaise, avocado, pickled green tomato

FRIED CHICKEN SANDWICH 18

smoked gouda sauce, cole slaw, calabrese peppers

GRILLED CHEESE 14

candied onions, sharp cheddar cheese, sourdough. choice of salad or tomato soup

CLASSIC FRENCH DIP 18

sliced prime rib, baguette, au jus

CAPRESE 16

arugula pesto, virgin olive oil, crushed black pepper, marinated tomato, buffalo mozzarella, artichoke purée, ciabatta

TURKEY CLUB 17

turkey, bacon, avocado, lettuce, tomato, garlic mayo, sourdough

add to any sandwich or burger:

bacon +3 avocado +5

CRISPY TOSTADAS 18

select two tostadas

PORK CARNITAS

spicy slaw, pickled shallot, salsa roja

GRILLED SHRIMP

avocado mousse, golden pepper, cilantro

TEMPURA ARTICHOKE

lemon aioli, Costanoa arugula

KIDS

kids menu is for kids 12 and under only please

FRESH VEGGIES, FLATBREAD + RANCH 8

MAC + CHEESE 8

CHICKEN FINGERS + FRIES 12

BURGER + FRIES 12

VEGGIE MEATBALL + POMODORO PASTA 12

CHEESE OR PEPPERONI PIZZA 12

FRUIT SALAD 8



BEERS ON TAP

Here at Cascade, we have a constantly changing, creative tap list - we strive to consistently offer local favorites hand-selected from top breweries to provide the best beer on the North Coast.

Ask your server for our latest selection. Cheers!

AT CASCADE WE FEEL THAT LOCAL, ORGANIC, SUSTAINABLE HANDCRAFTED INGREDIENTS ARE THE KEY TO GREAT FOOD. WE DO OUR BEST TO USE SMALL FAMILY FARMS, ORGANIC GROWERS, SUSTAINABLE/FAIR-TRADE PRODUCERS, & OUR OWN FARM HERE AT COSTANOA.