

# Lunch

EVERYDAY 11:30AM - 5PM

# Cascade

Costanoa

## START + SHARE

**SALMON TARTAR 17**  
sashimi-grade salmon, avocado, yuzu, cilantro, tostada cracker

**CALAMARI + JALAPEÑO 14**  
jalapeño, spicy marinara

**LOCAL ARTICHOKE 14**  
goat cheese purée, farm greens, spicy aioli

**STEAMED CLAMS 18**  
clams, tomato, roasted garlic, white wine, chili oil, grilled baguette

**CHEESE BOARD 14**  
artisanal cheese, seasonal jam, pickled garden veggies, housemade flatbread  
*charcuterie +8*

**EMPANADAS 12**  
three empanadas served with chimichurri  
**beef** - spicy beef, gruyère, sun dried tomatoes  
**veggie** - mushroom, onion, potato, spinach gruyère

**TARRAGON WINGS 14**  
seasoned chicken wings, herbed green goddess

**TEMPURA FARM VEGETABLES 14**  
local and Costanoa farm-grown tempura vegetables, dashi butter + sweet soy sauce

**ROASTED BRUSSELS SPROUTS 12**  
pomegranate balsamic *add goat cheese +3*

**CAMPGROUND BRAVAS 12**  
crispy potatoes, vegetarian chili, white cheddar sauce, green onion, calabrese peppers, fried egg

**DIRTY FRIES 9**  
rosemary, garlic, calabrese peppers, parmesan

## SOUP + SALAD

**ROASTED TOMATO BISQUE 6**  
gruyère croutons, olive oil

**CLAM CHOWDER 11**  
clams, white wine, mushroom, thyme, eucalyptus  
*any soup in a bread bowl +4*

**BIG BASIN 14**  
mixed greens, avocado, tomato, cucumber, boiled egg, kalamata olive, lemon vinaigrette

**CENTRAL COAST CHOPPED 14**  
shaved fennel + brussels sprouts, Costanoa kale, avocado, radish, black beans, raspberries, almonds, marinated grapefruit, avocado lime vinaigrette

**CAESAR 12**  
Caesar dressing, gruyère croutons, hemp seeds

**WARM GOAT CHEESE + ROASTED BEET 14**  
Costanoa farm kale, almonds, lemon vinaigrette, hemp seeds

**CASCADE FARM ARUGULA 10**  
Costanoa arugula, lemon, olive oil, parmesan

*add to any salad: goat cheese +3 avocado +3  
shrimp +8 steak +9 salmon +10  
grilled chicken +6 chicken Milanese +6*

## BURGERS + SANDWICHES

all sandwiches are served on a brioche bun. side of fries or side salad (unless otherwise noted) *add dirty fries + 3*

**CASCADE BURGER 15**  
local beef, sharp cheddar, lettuce, caramelized onion, house sauce

**IMPOSSIBLE BURGER 15**  
house-blended plant-based burger, sharp cheddar, lettuce, caramelized onion, house sauce. *black bean burger upon request*

**SALMON + AVOCADO TOAST 16**  
pickled shallot, radish, dill, multigrain bread  
*avocado only 12*

**CRAB CAKE SANDWICH 18**  
house-made crab cake, arugula, lemon dijonaise, avocado, pickled green tomato

**CROQUE MADAME 16**  
fried egg, ham, manchego, fig jam, bechamel

**FRIED CHICKEN SANDWICH 14**  
smoked gouda sauce, cole slaw, calabrese peppers

**GRILLED CHEESE 12**  
candied onions, sharp cheddar cheese, sourdough  
*choice of salad or tomato soup add carnitas +5*

**BRAISED BEEF BAGUETTE 14**  
horseradish cream, fried onions, chimichurri

**CAPRESE 14**  
arugula pesto, virgin olive oil, crushed black pepper, marinated tomato, buffalo mozzarella, artichoke purée, ciabatta

**TURKEY CLUB 14**  
turkey, bacon, avocado, lettuce, tomato, garlic mayo, sourdough

**GREEK VEGETABLE CLUB 14**  
marinated feta, cucumber, roasted vegetables, olive tapenade, whole grain bread. *vegan available*

*add to any sandwich or burger: bacon +3 avocado +3*

## LUNCH SPECIALTIES

**CRISPY TOSTADAS 14**  
select two tostadas

**PORK CARNITAS**  
spicy slaw, pickled shallot, salsa roja

**GRILLED SHRIMP**  
avocado mousse, golden pepper, cilantro

**TEMPURA ARTICHOKE**  
lemon aioli, Costanoa arugula

**FARM ARUGULA RIGATONI 10**  
rigatoni pasta, Costanoa arugula, cream  
*goat cheese +3 shrimp +8 steak +9 salmon +10  
grilled chicken +6 chicken Milanese +6*

**FIG + PROSCIUTTO FLATBREAD 14**  
fig compote, gorgonzola, prosciutto, parmesan, basil

**ROASTED GARLIC + PEPPER FLATBREAD 14**  
roasted garlic, golden peppers, sundried tomato, parmesan, Costanoa arugula

## KIDS MENU AVAILABLE

**Discretion Brewing**  
Accordian Man Marzen 6.1%  
Redwood Blonde 5.3%  
Jugo Nuevo Hazy IPA 5.6%  
Uncle Dave's IPA 6.5%  
Favorite Mug 5.2%  
Shimmer Pilsner 5.3%

**Santa Cruz Mountain**  
Silver Pale Ale 5.5%  
Swift Street Amber 5%



**BEERS  
ON TAP**